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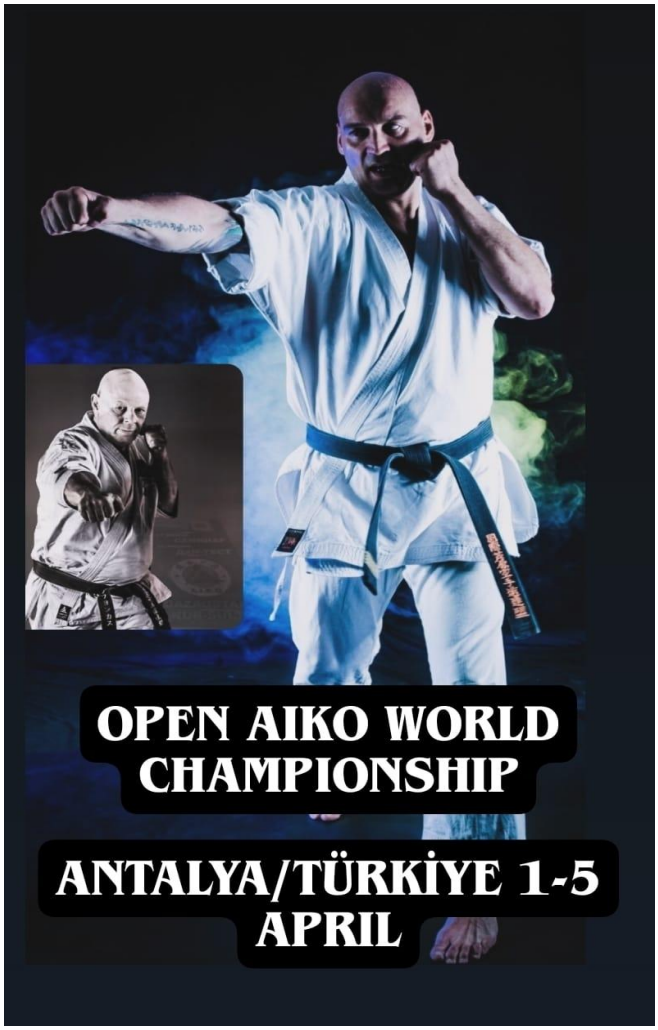
ASHIHARA INTERNATIONAL KARATE ORGANIZATION

4. OPEN AIKO ASHIHARA KARATE WORLD CHAMPIONSHIP
4. KIWAMI KUMITE

1: INTRODUCTION

This is the official invitation to the fourth Open AIKO World Championship, to be held in Antalya, Türkiye, from April 1-5, 2026. The organization is being run by Shihan Uğur Baran, one of the Branch Chiefs of the AIKO Turkey branch. As the Turkish delegation is organizing this event for the fourth time, we expect a great event with the World Championship and Kata Tournament.



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2: TOURNAMENT SCHEDULE

01/04/2026 ***Day 1***

10:00 Check-in Procedures

10:00 - 12:00 Registration and Accommodation

12:00 - 13:00 Lunch

13:00 - 13:30 Referee Seminar Preparation

13:30 - 15:30 Referee Seminar and Competition Rules (Clothing is mandatory) (Hall 4)

Shihan Marcel Van Den Berg, Sensei Hüseyin Hançer, Shihan Vitaly Vasjanov

14:00 Championship Weigh-in (Hall 5 Women) and (Hall 6 Men)

15:30 - 16:00 Tea and Coffee Break

16:00 - 19:30 AIKO **Kata** Competition start

19:30 - 21:00 Dinner

21:00 - 22:00 Meeting of Branch Chiefs, Referees, and Coaches

02/04/2026 ***Day 2***

08:00 - 09:00 Breakfast

09:30 - 12:30 AIKO **Kata** Final

09:30 – 12:30 AIKO **Championship** (Competition and Elimination rounds) start

Categories: Junior, Mini, Star, Youth (Elimination rounds).

Start of Competitions on the Tatami for all other categories (Poule System)

12:30 - 13:30 Lunch

13:30 - 15:00 Continuation of all categories and competitions on the Tatami

15:00 - 15:30 Tea and Coffee Break

15:30 - 19:00 Continuation of all categories and competitions on the Tatami. Semi-Finals

19:00 - 20:30 Dinner

20:30 - 21:30 Evaluation meeting

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03/04/2026 ***Day 3***

08:00 - 10:00 Breakfast

10:30 - 13:30 AIKO **Championship** Finals Start

12:30 - 13:30 Lunch

13:30 - 16:30 Cup & Medal Ceremony

16:30 - 18:00 Free Time activities, Swimming Pool, Turkish Bath all free of pay

18:00 - 20:00 Dinner

20:00. Free Time

04/04/2026 ***Day 4***

08:00 - 10:00 Breakfast

10:30 - 12:00 AIKO KIWAMI Cup rules meeting,

All athletes and referees participating in the AIKO CUP 1 competition must be present.

12:00 - 14:00 Lunch

14:30 - 18:00 AIKO KIWAMI Cup 1 Qualifiers

18:00 - 19:00 Dinner

19:30 - 21:00 AIKO KIWAMI Cup 1 Finals and Award Ceremony.

21:30 Sayonara Party

05/04/2026 ***Day 5***

08:00 - 10:00 Breakfast

10:00 - 12:00 Departure from Hotel

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3: KUMITE CATEGORIES:

Competitors are categorized according to the year of birth.

➢ **CHILDREN 8-9 YEARS OLD (2018-2017),**
Boys: -25 kg, 30 kg, 35 kg, + 35 kg
Girls: -25 kg, 30 kg, 35 kg, + 35 kg

➢ **CHILDREN 10-11 YEARS OLD (2016-2015),**
Boys: -25 kg, 30 kg, 35 kg, 40 kg, + 40 kg
Girls: -25 kg, 30 kg, 35 kg, 40 kg, + 40 kg

➢ **CHILDREN 12-13 YEARS OLD (2014-2013),**
Boys: -30 kg, 35 kg, 40 kg, 45 kg, 50 kg, 55 kg, + 55 kg
Girls: -30 kg, 35 kg, 40 kg, 45 kg, 50 kg, + 50 kg

➢ **JUNIOR 14-15 YEARS OLD (2012-2011),**
Boys: -45 kg, 50 kg, 55 kg, 60 kg, 65 kg, + 65 kg
Girls: -45 kg, 50 kg, 55 kg, 60 kg, + 60 kg

➢ **CADET 16-17 YEARS OLD (2010-2009),**
Boys: -55 kg, 60 kg, 65 kg, 70 kg, 75 kg, + 75 kg
Girls: -50 kg, 55 kg, 60 kg, 65 kg, + 65 kg

➢ **SENIOR U22, 18-22 YEARS OLD (2008-2007),**
Men: -60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 95 kg, + 95 kg
Women: -50 kg, 55 kg, 60 kg, 65 kg, 70 kg, + 70 kg

➢ **SENIOR 23-35 YEARS OLD (2003-1991),**
Men: -60 kg, 65 kg, 70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 95 kg, + 95 kg
Women: -50 kg, 55 kg, 60 kg, 65 kg, 70 kg, + 70 kg

➢ **SENIORS MASTER -36 + 46 YEARS OLD (1990-1976 and before),**
Men : -75 kg, 85 kg, + 85 kg
Women: -60 kg, 65 kg, + 65 kg

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4: TIMETABLE KUMITE ELIMINATION ROUNDS.

Category	Years	Eliminary	1.Ext.	Weight Cont.	2.Ext.	Decision
Children Girls & Boys	8-9	1 min 30 sec	…	…	…	5/3
Children Girls & Boys	10-11	1 min 30 sec	…	…	…	5/3
Children Girls & Boys	12-13	2 min	…	…	…	5/3
Junior Girls & Boys	14-15	2 min	1 min 30 sec	…	…	5/3
Cadet Girls & Boys	16-17	2 min	1 min 30 sec	…	…	5/3
Senior U22 Women & Men	18-22	2 min	2 min	No, Go to second ext.	2 min	5/3
Senior U22 Women & Men	18-22	2 min	2 min	Yes	…	Light Winner
Senior Women & Men	23-35	2 min	2 min	No, Go to second ext.	2 min	5/3
Senior Women & Men	23-35	2 min	2 min	Yes	…	Light Winner
Senior Men Weight Cat.	18-35	2 min	2 min	No, Go to second ext.	2 min	5/3
Senior Men Weight Cat.	18-35	2 min	2 min	Yes	…	Light Winner
Senior Master M1 M&W	-36+46	2 min	2 min	No, Go to second ext.	2 min	5/3
Senior Master M1 M&W	-36+46	2 min	2 min	Yes	…	Light Winner

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5: TIMETABLE KUMITE POULE SYSTEM / FINALS.

Category	Years	Final	1st .Ext.	Weight Cont.	2nd Ext.	Decision
Children Girls & Boys	8-9	1 min 30 sec	…	…	…	5/3
Children Girls & Boys	10-11	1 min 30 sec	…	…	…	5/3
Children Girls & Boys	12-13	2 min	…	…	…	5/3
Junior Girls & Boys	14-15	2 min	1 min 30 sec	…	…	5/3
Cadet Girls & Boys	16-17	2 min	1 min 30 sec	…	…	5/3
Senior U22 Women & Men	18-22	3 min	2 min	No, Go to second ext.	2 min	5/3
Senior U22 Women & Men	18-22	3 min	2 min	Yes	…	Light Winner
Senior Women & Men	23-35	3 min	2 min	No, Go to second ext.	2 min	5/3
Senior Women & Men	23-35	3 min	2 min	Yes	…	Light Winner
Senior Men Weight Cat.	18-35	3 min	2 min	No, Go to second ext.	2 min	5/3
Senior Men Weight Cat.	18-35	3 min	2 min	Yes	…	Light Winner
Senior Master M1 M&W	-36+46	2 min	2 min	No, Go to second ext.	2 min	5/3
Senior Master M1 M&W	-36+46	2 min	2 min	Yes	…	Light Winner

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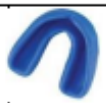
6: PROTECTION OVERVIEW.

Protections								
Ages 8-9 Ages 10-11 Ages 12-13 Male-Female	Helmet (White and red)	Shin Protector	Groin Protector	Safeguard (White and red)	Karate-gi	Breast Protector	Half Finger Gloves	 Mouthguard

Ages 14- Ages 15 16-17 Male- Female	Helmet (White and red)	Shin Protector	Groin Protector	Karate-gi	Breast Protector	Half Finger Gloves	Breast Protector

Ages 18- 40 Seniors Male- Female	Karate-gi	Groin Protector	Breast Protector	Breast Protector	Aged +40 Female- Male	Breast Protector	Karate -gi	Helmet (White and red)	Shin Protector

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7: DOCUMENTATION AND INFORMATION / WEIGH-IN.

During the weigh-ing / check- in, you must be prepared to give the following Information or documentation:

➢ Name and Birthdate, Nationality.

➢ Show ID or Passport (to check the nationality and age). No copy may be made as per international laws

➢ Licence copy for National Team athletes

➢ Medical report approved by the doctor. (all athletes)

➢ Parents permission (Authorization) (only for competitors under 18 years old).

➢ Responsibility letter (you will have to sign and complete the document at the weigh-in)

➢ Personal accident insurance policy for all sportsmen

➢ Must pay the participation fee.

Each competitor must have personal insurance, for any accident that may occur at the competition.

THE COMPETITOR WITHOUT INSURANCE WILL NOT COMPETE IN THE CHAMPIONSHIP, INCLUDING KATA.

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8: KATAS COMPETITION.

The competition will be divided into two rounds. Four competitors of each category with the highest scores will pass to the Finals. Competitors will be allocated according to the year of Birth.

9: KATA ELIMINATION AND KATA FINALS

CATEGORY – A	YEARS	FORM	
		ELININATION	FINAL
Children Girls & Boys	2018-2017 (8-9 year)	KIHON NO KATA SONO ICHI GOSIN NO KATA SONO ICHI GEIKO NO KATA SONO ICHI	GOSHIN NO KATA SONO Nİ GEIKO NO KATA SONO Nİ GEIKO NO KATA SONO SAN
Children Girls & Boys	2016-2015 (10-11 year)		
Children Girls & Boys	2014-2013 (12-13 year)		
CATEGORY-B	YEARS	FORM	
		ELIMINATION	FINAL
Junior Girls & Boys	2012-2011 (14-15 year)	JİSSEN NO KATA SONO ICHI KIHON NO KATA SONO Nİ GOSHIN NO KATA SONO ICHI GEIKO NO KATA SONO ICHI	GOSHIN NO KATA SONO Nİ GEIKO NO KATA SONO Nİ GEIKO NO KATA SONO SAN GEIKO NO KATA SONO YON
Cadet Girls & Boys	2010-2009 (16-17 year)		
Senior Men & Women	2008-2007 (18-35 year)		
Senior Master Men	1990-1976 (36-50 year)		
Senior Master Women	1990-1976 (36-50 year)		

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ASHIHARA INTERNATIONAL KARATE ORGANIZATION

10: GENERAL RULES CONCERNING THE COMPETITION.

➢ Only Official forms will be accepted, the forms will be attached to the next email.

➢ Together with this bulletin we are sending you the kumite rules for children and junior, the kata rules, which will be the official ones for the Championship.

➢ All Organizations are accepted.

➢ It is obligatory to write down the name of the coach on the inscription to be accepted. Maximum number will be 2 coaches because in our competition there will be 3 tatamis.

➢ Every Ashihara group from each country can register unlimited numbers of Competitors per category and weight.

➢ The organizers have the right to cancel the event or modify categories and weight if there won't be an appropriate number of participants.

➢ Men and women are not allowed to compete against each other.

➢ The KUMITE competition among adult competitors will be held in weight divisions. ➢ With the approval of the AIKO Sports Branch Judge Committee and Tournament organizers, the organizers have the right to change their weight categories, taking into account the number of competitors and competition conditions. However, this statement must be clearly stated in the application form of the competition.

➢ When at the weigh-in procedure it is discovered that the weight of a competitor exceeds the upper limit of the weight category they applied for, the competitor will be given the opportunity to lose the excess if unable to do so they will be disqualified, or if possible (with the tournament Committee's approval) given the option to compete in the category above. If the weight of a competitor is less than the lower limit for this weight category, they can participate in the competition, but the weight of the competitor shall be considered as equal to the lower limit of his weight category, if it is not possible to change category.

➢ In an individual bout, one of the competitors is called "AKA" ("Red") and is differentiated by the red ribbon fastened to his belt on the back, and the other is called "SHIRO" ("White") and is differentiated by the white ribbon fastened to his belt on the back. The SHIRO competitor is called to the competition area first, and the AKA competitor second.

➢ The use of competitors' names causes problems of pronunciation and identification. Tournament numbers should be allotted and used on identifications (ZEKKEN) in addition to the names whenever possible.

➢ The competitors that do not present themselves when called within 1 minute will be disqualified (KIKEN).

➢ No competitor may be replaced by another.

➢ All competitors must always obey the Referee's orders.

➢ Coaches must present their accreditation together with that of their competitor to the designated area. The coach must sit in the chair provided and must not interfere with the smooth running of the match by word or deed. Only one coach is allowed to accompany a competitor to the competition area as his second.

➢ If, through an error in charting, the wrong competitors compete, then regardless of the outcome, that bout is declared null and void.

➢ Contest area should be covered with semi-hard matting

➢ AIKO have the authority for the matters not described here.

COUNTRY REPRESENTATIVES CANNOT COACH; THEY CAN WATCH THE CHAMPIONSHIP FROM THEIR RESERVED PROTOCOL SECTION, BUT THEY MUST BRING A COACH WITH THEM.

11: DECISSION CRITERIA.

The competitions will be fought under the rules of AIKO, which are posted on the official website of the AIKO https://ashiharainternational.world/

web-site resources page: https://ashiharainternational.world/recources/

https://ashiharainternational.world/wp-content/uploads/2024/01/AIKO-general-tournament-rulesRevised-on-25-09-2021.docx.pdf

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12: REFEREES, JUDGES AND ARBITRATORS.

April 1, 2026

Referee Course 13:30 - 15:30,

The Referee Course and Coaches Meeting will be held in the hotel's meeting room.

Formal attire is as follows:

➢ White long-sleeved shirt with a single pocket on the left chest.

➢ Straight black trousers with unrolled hems.

➢ Red tie.

➢ Officials (Judgers and Referees) must wear hairpins if they have long hair, so that there is no obstruction and the referee can clearly observe the match.

➢ Red whistle

➢ Plain grey or black socks, barefoot on the tatami.

➢ Black shoes

Referees, Judges and Arbitrators duties are described in:Page 10 / Article 11

web-site resources page: https://ashiharainternational.world/recources/

https://ashiharainternational.world/wp-content/uploads/2024/01/AIKO-general-tournament-rulesRevised-on-25-09-2021.docx.pdf

13: OBJECTION PROCEDURE.

The coach having conflicted ideas about the results has to apply in written form for the objection to the objection committee with a fee of 150 euros and a video of the competition within 15 minutes of the finishing of the competition. The objections made after the specified period of time will not be accepted in any condition. The 150 euros amount of money will be returned if the objection was correct, otherwise it will be sent to the bank account of the Ashihara International Federation.

14: DOPING.

1 All athletes may be subject to doping control in accordance with the standards of the World Anti-Doping Association (hereinafter - WADA).
2 All athletes must comply with the rules of the WADA Anti-Doping Code. In case of violation by athletes of the WADA Anti-Doping Code, refusal or failure to show up for the doping test, they will be sanctioned according to the WADA Anti-Doping Code (up to the point when the athlete is completely disqualified. https://www.wada-ama.org/en/resources/world-anti-doping-code-and-international-standards/world-anti-doping-code

15: HOTEL AND ACCOMMODATION

AIKO country representatives will not pay for accommodation and airport transfers if 10 athletes from each country participate.

All participating athletes and their families and friends will be provided with 4 nights' accommodation in a 5-star hotel between April 1-5, 2026.

The total cost is €400, including all-inclusive buffet breakfast (unlimited food and drinks), breakfast, lunch, dinner, and late-night meals, and airport transfers. At the hotel, you will have free access to the Turkish bath, sauna, indoor swimming pool, pastry shop, non-alcoholic bar, and all other activities.

All countries are obligated to pay at least 50% of the participant and guest lists by February 13, 2026.

All countries must submit their participation lists by February 27, 2026.

16: TRANSFER.

Transfers from Antalya Airport to the hotel and from the hotel to Antalya Airport (and the championship center) are free of charge.

17: OFFICIAL HOTELS.

The hotel name and link will be shared with you after all registrations are completed and the participant list is finalized. The location will be Antalya / TURKEY.

18: GYM.

The 2nd AIKO Ashihara Kumite and Kata World Championship will be held in the hotel's gym.

19: PRICING.

The cost per participant for the tournament is 400 Euros. (The fee includes hotel, tournament fee, meals and transfers)

20: KIWAMI KUMITE PARTICIPATION.

Participating athletes are male and female athletes, as well as senior athletes, who have participated in the First AIKO CUP or other AIKO Championships.

Or participants who have achieved international success in world championships, European Championships, Asian, African and other various competitions in their own continent.

It is not mandatory for athletes participating in KIWAMI KUMITE to practice AIKO ASHIHARA KARATE; athletes practicing any Full Contact system can participate. Examples of Full Contact systems include Karate, Kickboxing, Muay Thai, Bagatur, Kudo, etc.

There is only one requirement for participation: EVERYONE MUST WEAR A WHITE GI; this GI can be embroidered with their own logo, crest and national flag.

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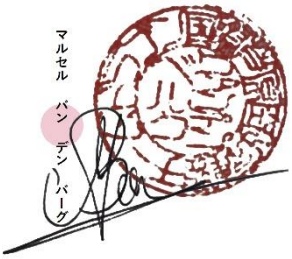
HANSHI

DAVE JONKERS

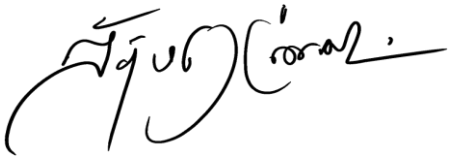
SHIHAN

Marcel Van Den Berg



SHIHAN

Uğur Baran



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